

LIFE'S KITCHEN

A LOVE OF FOOD &
A SENSE OF OCCASION

2025 SPRING SUMMER MENU SELECTOR

Life's Kitchen

0207 248 1163 | info@lifeskitchen.com | www.lifeskitchen.com

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Starters

Pressed Ham Hock

Honey & Mustard Dressing, Cornichons & Pickled Onions

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Crispy Salt Beef Croquette

Black Garlic Ketchup, Baby Leaf Salad

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Smoked Duck Breast

Charred Heritage Beetroot, Pea Puree, Citrus Dressing

~

Tomato & Herb Stuffed Chicken Terrine

Watercress Mayonnaise, Micro Herb Salad

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Smoked Salmon Roulade

Salmon Roe, Fennel & Cucumber Salad, Horseradish Dressing

~

Herb & Wasabi Crusted Seared Tuna

Lime & Mango Salsa, Bok Choi Salad, Coriander Cress

~

Cured Mackerel Fillet

Compressed Apple, Dashi, Sea Kale, Lemon Gel

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Chargrilled Baby Courgettes

Devonshire Crab Flakes, King Prawns, Mini Capers, Lemon & Basil Dressing

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Spring Asparagus

Pickled Radishes, Peas & Broad Beans, Wild Garlic, Pea Ketchup, Tarragon Oil (vegan)

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Heritage Tomato & Baby Basil Salad

Vegan Feta, Lemon Gazpacho Dressing (vegan)

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Main Courses

Roast Gressingham Duck Breast

Braised Chicory, Pink Fir Potatoes, Pickled Pears & Roasted Carrots

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Minted Lamb Rump

Rosti Potato, Spring Greens, Anchovy, Olive & French Bean Relish

~

Roasted Aged Fillet of Beef

Baby Vegetables, Foie Gras Croûte, Thyme Parisienne Potatoes, Red Wine Reduction
(£7.50 Supplement Charge)

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Pan-fried Corn-fed Chicken Breast

Charred Asparagus, Pressed Boulangère Potatoes, Truffle Vinaigrette Reduction

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Pan-seared Sirloin of Beef

Thyme & Garlic Fondant Potato, Tenderstem Broccoli & Green Beans, Peppercorn Sauce

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Roasted Herb-crusting Fillet of Cod

Spinach Veloute, Butter Bean Mash, Roast Vine Tomato

~

Pan-fried Sea Bass Fillet

Crushed Jersey Royal Potatoes, Ratatouille Vegetables, Sauce Vierge

~

Grilled Swordfish Steak Niçoise Salad

Boiled Hens Egg, New Potatoes, Cherry Tomatoes, Baby Gem, Green Beans & Olives

Roast Spiced Cauliflower Steak

Butterbean Purée, Roasted Summer Vegetables, Chimichurri (vegan)(GF)

Herb & Quinoa Stuffed Courgette Flowers

Baba Ghanoush, Fresh Tomato Salsa (vegan)(GF)

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Desserts

Passion Fruit Crème Brûlée
Coconut Shortbread Biscuit

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Lemon Biscoff Cheesecake
Raspberry Sorbet

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Chocolate Fudge Delice
Caramel Cream

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Key Lime Pie
Blueberry Gel

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Tropical Torte
Lime Sorbet, Mango Coulis

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Banana Tart with a Pecan Nut Crumb
Toffee Ice Cream

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Strawberry Slice
Mint Cream, Strawberry Purée

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Rhubarb Fool, Stem Ginger Crumb

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Raspberry & Pistachio Pavé
Raspberry Compote (Vegan)

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Chocolate & Strawberry Brownie (Vegan)(GF)

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