

LIFE'S KITCHEN



A LOVE OF FOOD &
A SENSE OF OCCASION

2024-2025 AUTUMN WINTER MENU SELECTOR

Life's Kitchen

0207 248 1163 | info@lifeskitchen.com | www.lifeskitchen.com

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Starters

Gressingham Duck Leg Confit Salad
Kale & Heritage Cauliflower, Pomegranate Vinaigrette

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Pheasant Confit Croquette
Artichoke Puree, Blackberry Syrup & Rocket Cress

~

Seared Venison Loin
Wild Mushroom & Thyme Cream, Chestnut Crumb, Herb Salad

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Chicken, Leek & Black Pudding Roulade
Homemade Piccalilli

~

Angus Steak Tartare
Confit Egg Yolk, Pickled Shallots, Creamy Truffle Dressing, Watercress Salad
(£3.50 +VAT Supplement Charge)

~

Seared Monkfish Cheeks
White Bean Puree, Chorizo Dressing, Baby Leaf Salad

~

Hot Smoked Salmon & Horseradish Tart
Samphire & Sour Cream Dressing

~

Stonebass Ceviche
Radish & Salty Fingers, Lime & Juniper Vinegrette

~

Salt Baked Kohlrabi
Walnut Crumb, Salsa Verdi & Amaranth Cress (vegan)

~

Roasted Heirloom Beets
White Radish Puree & Citrus Dressing, Sorrel Cress (vegan)

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Main Courses

Angus Beef Medallion

Lyonnais Potatoes, Garlic Portobello Mushroom, Baby Carrots, Bone Marrow Gravy

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Roast Guinea Fowl Breast

Quince & Maple Cured Bacon, Fondant Potato, Sweet Braised Red Cabbage

~

Slow Braised Lamb Shoulder Steak

Colcannon Mash, Rosemary Roasted Root Vegetables, Reduced Cooking Liquor

~

Honey Roasted Breast of Duck

Glazed Celeriac, Sweet Potato Puree, Charred Baby Leeks, Pink Pepper-corn Sauce

~

Slow Cooked Angus Fillet of Beef

Oxtail Hash, Heritage Baby Carrots, Winter King Cabbage, Confit Shallot, Truffle Jus
(£7.50 +VAT Supplement Charge)

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Roasted Plaice Fillet

Brown Shrimp Butter, Dill Crushed Potatoes, Lemon Segments & Samphire

~

Baked Cornish Pollock

Burnt Leeks, Mussel & Cider Cream, Purple Potato Wedges

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Spiced Pan-Seared Salmon Steak

Spinach Florentine, Winter Bean Cassoulet

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Roasted Carnival Squash

Spicy Red Lentils, Split Vegan Feta, Chimichurri (vegan)(GF)

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Individual Vegetable Wellington

Seasonal Vegetables, Potato Puree (vegan)(GF on request)

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Desserts

Brûlée'd Pain Perdu
Toffeed Bramley Apples

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Black Forest Cheesecake
Cherry Compote, Pistachio Ice-cream

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Sticky Toffee Pudding
Milk Ice-cream, Salted Caramel

~

Pistachio St Honoré
Orange Syrup

~

Plum Frangipane Tart
Plum Compote, Crème Fraiche

~

Gateau Opera
Coffee-soaked Sponge, Espresso Cream, Chocolate Ganache

~

Orange & Ginger Mousse
Cranberry & Blood Orange Compote

~

Saffron Crème Brûlée
Raspberry Shortbread Biscuit

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Pear Tart with Walnut Crumble
Vegan Custard (vegan)

~

Chocolate Brownie
With Raspberry Sorbet (vegan)(GF)

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