

# LIFE'S KITCHEN



A LOVE OF FOOD &  
A SENSE OF OCCASION

A close-up photograph of a dessert, possibly a slice of cake or a tart, with a white and brown marbled filling and a golden-brown crust. A large, bright yellow flower is placed next to the dessert. The background is a soft, out-of-focus light green and yellow.

## 2024 SPRING SUMMER MENU SELECTOR

Life's Kitchen

0207 248 1163 | [info@lifeskitchen.com](mailto:info@lifeskitchen.com) | [www.lifeskitchen.com](http://www.lifeskitchen.com)

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## Starters

Prosciutto Rosettes with Minted Melon & Tomato Salad  
Balsamic Reduction & Rocket Cress

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Pan-fried King Scallops  
Cauliflower Puree, Crumbled Black Pudding, Lemon Dressing  
(£4.50+ VAT Supplement Charge)

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Confit Trout Fillet  
Pickled Cucumber, Salty Fingers & Amaranth Cress

~

Cured Smoked Salmon  
Fresh Crisp Candied Beetroot & Orange Slaw  
Dill Mayonnaise

~

Seared Tuna Carpaccio  
Edamame, Radish & Cucumber Salad, Wasabi Dressing, Coriander Cress

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Smoked Chicken, Red Onion & Avocado Tian  
Mango Reduction, Purple Basil Cress

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Angus Fillet Beef Tartare  
Pickled Onions, Capers, Spicy Mustard Dressing, Herb Salad

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Chargrilled Baby Courgettes & Halloumi  
Mini Caper, Chilli, Basil & Lemon Dressing (V)

~

Double Cheese & Spring Vegetable Tarts  
with a Honey Salsa Verde (V)(GF)

~

Beetroot Carpaccio with Whipped Vegan Feta Cheese  
Walnut Crumb & Rocket Salad (Vegan)

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## Main Courses

Roast Gressingham Duck Breast  
Asparagus, Caramelised Shallot, Hispi Cabbage & Roasted Garlic Mash  
Cointreau Sauce

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Slow Roasted Minted Lamb Rump  
Warm Zucchini, Runner Bean Salad, Crushed Potato Cake, Salsa Verde

~

Slow Cooked Angus Fillet of Beef  
Tarragon Potato Rosti, Charred Tenderstem Broccoli & Baby Carrots  
Glazed Baby Back Rib, Hollandaise Sauce  
(£7.50 +VAT Supplement Charge)

~

Garlic Wild Mushroom Stuffed Guinea Fowl Supreme  
Thyme Pomme Anna Potato, Roasted Kohlrabi, Green Beans & Café au Lait Sauce

~

Roasted Pork Tenderloin  
Spring Onion Mash, Roasted Corn Rib, Spring Greens, Grain Mustard Sauce

~

Pan-Fried Stone Bass  
Saffron Fondant Potato, Charred Baby Leeks, Jerusalem Artichoke Puree  
Herb Tomato Salsa

~

Roasted Cod Fillet  
Capers Crushed New Potatoes, Wilted Garlic Spinach, Lemon Preserve Burnt Butter

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Summer Herb Poached Salmon Fillet  
Warm Mediterranean Red Potato Salad, Wilted Chard, Baby Watercress

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Grilled Aubergine Steak  
Cauliflower & White Onion Puree, Roasted Summer Vegetables  
Chimichurri (Vegan)(GF)

~

Summer Vegetable & Quinoa Stuffed Marrow  
Rich Tomato & Basil Sauce (Vegan)(GF)

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## Desserts

Strawberry Crème Brûlée  
Mint Infused Shortbread Biscuit

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Raspberry Cheesecake Dome  
Lemon Sorbet

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Rhubarb & Elderflower Mousse  
Poached Rhubarb

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Vanilla & Lime Pannacotta  
Fresh Mango & Blueberry Salsa, Tuille Biscuit

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Apricot & Peach Crumble Tart  
Cinnamon Ice-cream

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Terrine of Summer Berries  
Lightly Whipped Chantilly Cream & Fresh Mint

~

Plum Tartin  
Salted Caramel Gelato

~

Dark Chocolate & Raspberry Torte  
Citrus Cream & Toasted Hazelnuts Nibs

~

Pistachio Sponge  
Yoghurt & Apricot Mousse (Vegan)

~

Kirsh Chocolate Torte  
Cherry Compote (Vegan)(GF)

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