

# LIFE'S KITCHEN



A LOVE OF FOOD &  
A SENSE OF OCCASION

## 2023 BUFFET MENU SELECTOR

Life's Kitchen

0207 248 1163 | [info@lifeskitchen.com](mailto:info@lifeskitchen.com) | [www.lifeskitchen.com](http://www.lifeskitchen.com)

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## **Gourmet Sandwiches**

Selection of Fresh Cut Sandwiches Served on Speciality Breads  
with Gourmet Meat, Fish & Vegetarian Fillings

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Fresh Cut Fruit Platter

**£32.00 +VAT per person**

## **Life's Kitchen Deli Boards**

Continental Style Deli Boards Beautifully Presented with an Array of  
Fine Charcuterie, Terrines, Smoked Fish, Seafood & Continental  
Cheeses

Accompanied with Rustic Fresh Baked Artisan Rolls Chutneys &  
Pickles

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Fresh Cut Fruit Platter

**£50.00 +VAT per person**

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## Finger Buffet

Selection of Freshly Cut Finger Sandwiches

Free Range Egg & Cress

Smoked Salmon & Cucumber

Roast Beef & Horseradish

Avocado, Chicken & Rocket

Cream Cheese, Basil & Sun Blush Tomato

## Hot and Cold Finger Food Items

Smoked Salmon & Chive Tartlets (Hot or Cold)

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Mini Cumberland Sausages, Honey & Mustard Dip (Hot, GF)

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Tomato & Basil Bruschetta (Cold, V)

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Teriyaki Chicken Skewers (Hot, GF)

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Breaded Mushrooms, Garlic Mayonnaise (Hot, V)

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Butternut Squash & Feta Tartlets (Hot or Cold, V)

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Thai Fishcake, Sweet Chilli Dip (Hot or Cold)

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Crayfish, Baby Leaf & Marie Rose Sauce on Rye (Cold)

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Cheesy Arancini with Spicy Tomato Dip (Hot, V)

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Red Onion Compote & Goats Cheese Melt (Hot, V)

**Finger Sandwiches & 3 x Finger Food Items £46.00 + VAT per person**

**Finger Sandwiches & 5 x Finger Food Items £55.00 + VAT per person**

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## Two Course Hot Fork Buffet

### Meat Main Course Options

Grilled Lemon & Smoked Paprika Chicken

Giant Cous-Cous & Roasted Veg

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Lamb & Squash Biryani

Cucumber Raita, Jasmin Rice

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Sesame Beef Stir-fry

Egg Noodles & Mange Tout

### Fish Main Course Options

Green Olive & Shrimp Pasta

Fresh Lemon & Herbs (GF)

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Saffron Poached Fresh Salmon

Mange Tout, Green Beans & Onions

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Cod and Parsley Fishcakes

Light Caper & Dill Lemon Cream

### Vegetarian Main Course Options

Bombay Potato Frittata (V)

Fat-free Yogurt, Mango Chutney & Coriander

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Wild Mushroom & Pumpkin Gnocchi (V)

Gremolata Dressing

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### Dessert

Chefs Selection of Mouth-Watering Desserts with Cream & Fruit Coulis

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Fresh Fruit Salad

2 x Main Dishes & 1 Dessert £55.00 + VAT per person

3 x Main Dishes & 1 Dessert £59.00 + VAT per person

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